



PERIOD PARTY INFO

Period Poverty Facts

1 in 4 individuals are experiencing period poverty across the United States
1 in 5 individuals reported missing school/work/similar commitments due to the lack of access to period products.

The Way it Works!

You plan the get together. You buy the products. You create the kits.
You earn bragging rights, and we share your work all over social media!

The Actual Kit

Period Kits provide a 1-month supply of period products to those experiencing period poverty.

Products Needed

Individually wrapped regular tampons
Individually wrapped regular pads
Individually wrapped panty Liners
Brown Paper Lunch Bags

Each kit includes

12 Tampons
6 Liners
6 Pads
1 Love note

(Love notes are a simple way for our clients to know that they are seen, and they are loved. Also, to help encourage them on their challenging days.

Due to the diversity of our clients, we ask that the love notes remain broad so they will speak to all recipients no matter their ethnicity or their religious beliefs.

We ask each note to be signed with Grace Upon Grace Project.

Below are some samples for reference.

“You are powerful, brilliant, and brave.”)

We ask that products be placed in a brown lunch bag and then stapled shut.

About our Period Kits

What is in a period kit?

A period kit is more than just period products. A period kit provides dignity to an individual. A period kit removes one more worry from their mind. A period kit provides health and safety.

Thank you for volunteering and helping to make a difference!